

APEX TRAINING

Specialist Skills Training Providers

MOUNTAIN LEADER ASSESSMENT COURSE PROGRAMME:

[Further details will be supplied at the start of the course]

Sunday 16th March - Friday 21st March 2008

SUNDAY	Day	Please aim to arrive at the ' accommodation to be announced ' for 3.30pm to book in. Course welcome & introduction, followed by evening meal @ 6.30pm.
	Eve	Course administration / Log books etc "Expedition planning exercise".
MONDAY	Day	Weather brief. Mountain Day. Themes - Navigation skills / environmental input / Emergency procedures & mountain hazards.
	Eve	Assessment course participants – PRESENTATIONS - [See information sheet and enclosed list of topics].
TUESDAY	Day	Weather brief Technical rope-work day. Security on steep ground / difficult terrain. To include group management and route selection. River crossings theory and practice. [Some aspects may carry over to expedition phase].
	Eve	Expedition prep time, packing and "free evening".
WEDNESDAY	Day	Weather brief Depart for three-day expedition. Themes: Navigation skills Emergency procedures / simulated incident. Remote camp skills.
	Eve	Night navigation.
THURSDAY	Day	Weather brief. Continued expedition. Themes: Navigation, route-finding skills, Environmental, mountain hazards, water hazards etc, etc. Remote camp / bivouac skills
	Eve	Night navigation/movement exercise (if required).
FRIDAY	Day	Return from Expedition for early afternoon / late lunch.
	Aft	Assessment feedback - group Individual debriefs and logbooks. final review.

The course should be finished by 16.30hrs [4.30pm].

The course Director reserves the right to change the programme because of weather or other considerations in such a way as to still conform to the spirit, and where possible, the detail of the MLTE Syllabus.