



Discount available for Apex Training clients

Adventure Learning First Aid Training provides a range of progressive first aid courses certificated by Active Aid Ltd. The emphasis of our first aid courses is practically based training which will provide knowledge and confidence. These first aid courses will not turn you into a medical encyclopaedia but they will give you the strategies you need to manage properly in an emergency.

All our first aid training is interactive, purposeful and delivered in context. It gives people real first aid skills that they can walk away with and apply if ever the situation demands.

"A few words about the First Aid course last week. I reckon that it's the eighth course that I've done over the years, a list that has included St. Andrew's, I.W. Jones St. John's, ITC and REC - and it was by far one of the best that I've been on. It was practical, memorable and pragmatic - and that's exactly what you want for a first aid course. Good fun too, so couldn't be better." TH

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